



ARACHNOIDITIS Bulletin 25 September, 2018

ARACHNOIDITIS PATIENTS MUST HAVE A COMPOUNDING PHARMACY

A couple of years ago, ARC was considered a “rare” disease. No more. But proper treatment requires some “rare” medications. “Rare” in our case means a medication that isn’t commercially available in the usual drug store.

Listed here are 8 compounded medications which are now regularly used by AA and EDS patients:

<u>No.</u>	<u>NAME</u>	<u>DOSAGE</u>
1	Ketorolac	15, 30, or 60 mg - troche
2	Oxytocin	40 or 80 unit – troche or sublingual tablet
3	Ketamine	25 or 50 mg per ml sublingual liquid
4	Nandrolone	25 to 50 mg troche
5	Human Chorionic Gonadotropin (HCG)	250 to 500 -unit troche or sublingual tablet
6	Estradiol	2.5 to 5.0 mg per ounce of soluble cream base for massage into skin over lumbar spine area
7	Medroxyprogesterone	10 to 20 mg per ounce of soluble cream base for massage into skin over lumbar spine area
8	Low Dose Naltrexone	.5 to 2 mg capsule

Every AA and EDS patient should take this list to their local compound pharmacy and determine their capability to make the above compounded medications.

Special Notes:

- 1. Ketorolac as a troche eliminates the need for injection.**
- 2. If you have AA and are not using at least one of the 8 compounded medications listed here, you need a review of your protocol to see if your care is optimal.**

*Published as a public service by the
Arachnoiditis Research and Education Project of the Tennant Foundation
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