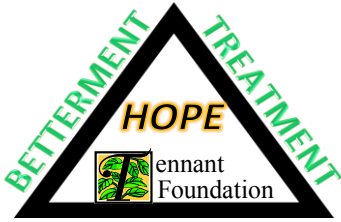


# ARACHNOIDITIS (ARC) TREATMENT ALERT #2

November, 2018



## OPIOID ALTERNATIVES FOR PAIN CONTROL

### OPIOID RECEPTOR AGONISTS

- ✓ Clonidine
- ✓ Low dose naltrexone (**CANNOT BE TAKEN IF ON DAILY OPIOIDS**)
- ✓ Oxytocin

### NMDA RECEPTOR ANTAGONIST

- ✓ Ketamine

### STIMULANTS – DESCENDING PAIN

- ✓ Amphetamine salts (Adderall®)
- ✓ Methylphenidate (Ritalin®)
- ✓ Phentermine

### NEUROPATHIC AGENTS

- ✓ Gabapentin
- ✓ Topiramate
- ✓ Pregabalin
- ✓ Duloxetine
- ✓ Carisoprodol
- ✓ Clonazepam

### NATURAL/NON-PRESCRIPTION AGENTS

- ✓ Palmitoylethanolamide (PEA)
- ✓ Cannabinoid oils
- ✓ Kratom

This list is provided as an urgency due to all the patients who can no longer obtain opioids as well as those ARC patients who do not wish to take opioids.

On request, we will send a list of the opioid dosages that a primary care physician can prescribe under the new Federal Guidelines.

*Published as a public service by the  
Arachnoiditis Research and Education Project of the Tennant Foundation  
336½ S. Glendora Ave., West Covina, CA 91790-3043  
Phone: 626-919-7476 Fax: 626-919-7497*

*E-mail: [veractinc@msn.com](mailto:veractinc@msn.com)*

*[www.arachnoiditishope.com](http://www.arachnoiditishope.com) [www.foresttennant.com](http://www.foresttennant.com) [www.hormonesandpaincare.com](http://www.hormonesandpaincare.com)*