



ARACHNOIDITIS (ARC) TREATMENT ALERT #3

SYMPTOMATIC VERSUS CURATIVE CARE THE BIG CONFUSION

The major research finding of our project, to date, is that ARC patients do not understand the difference between “symptomatic” and “curative” drugs. ARC patients are taking scores of “symptomatic” and few “curative” drugs, AND THEY wonder why they are getting worse!

CRITICAL TO KNOW

- Symptomatic Drugs: provide temporary relief from pain, fatigue, depression, and hopelessness.
- Curative drugs directly attack and reduce the severity of a disease (e.g. neuroinflammation) hoping to achieve a “cure”.

REALITY

ARC patients need both classes of drugs, but they are currently overloaded on symptomatic and light on curative agents.

WHAT DISEASE ARE WE TREATING?

ARC is a neuroinflammatory disease of spinal nerve roots and spinal canal lining. Unless curative agents are taken, the disease (neuroinflammation) will progressively entrap nerve roots and destroy nerve and spinal tissue.

Check out these lists. They are partial and will undoubtedly change over time, but every ARC patient needs to be on some curative agents.

<u>CURATIVE AGENTS</u>	<u>SYMPTOMATIC AGENTS</u>
Low dose naltrexone, ketorolac, methylprednisolone, dexamethasone, adrenal extract, acetazolamide, minocycline, pentoxifylline, metformin, curcumin/turmeric, Serrapeptase, palmitoylethanolamide (PEA), human chorionic gonadotropin, nandrolone, estradiol, DHEA, pregnenolone, progesterone, testosterone	Gabapentin, pregabalin (Lyrica®), duloxetine (Cymbalta®), clonidine, oxytocin, ketamine, oxycodone, fentanyl, hydrocodone, CBD oil, lidocaine, morphine, hydromorphone (Dilaudid®), clonazepam, carisoprodol, alprazolam, topiramate, kratom, amphetamine salts (Adderall®)

Note: If you are not taking 2 or more “curative” agents, you can expect your condition to worsen and deteriorate.

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336½ S. Glendora Ave., West Covina, CA 91790-3043
Phone: 626-919-7476 Fax: 626-919-7497*

E-mail: veractinc@msn.com

www.arachnoiditishope.com www.foresttennant.com www.hormonesandpaincare.com