



ARACHNOIDITIS

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NATURAL COURSE AND OUTCOME OF ADHESIVE ARACHNOIDITIS (AA)

3 POSSIBLE OUTCOMES OF UNTREATED AA

- Resolves – a return to the normal uninflamed state
- Intermittent symptoms, impairments, and pain
- Progressive neurologic symptoms, impairments, and pain (e.g. wheelchair, bed-bound, early death)

**LIFE SPAN: ONE STUDY REPORTS
AA SHORTENS LIFE-SPAN BY
AN AVERAGE OF 12 YEARS.**

Ref: Guyer, et al. The long-range prognosis of arachnoiditis. *Spine*, 1989;14(12):1332-41.

AA's natural course and outcome are directly related to neuroinflammation severity.

WHY PREMATURE DEATH OCCURS IN AA PATIENTS

- Poor mobility
- Obesity, diabetes, hypercholesterolemia
- Endocrine (hormone) suppression
- Immune system impairment - inability to protect against disease from infections and tumors
- Hypertension
- Intestinal digestive defects along with malabsorption – inability to absorb needed nutrients from food

THE GOOD NEWS

**We now know that the natural course and outcome of
AA CAN BE greatly changed by treating
neuroinflammation and promoting neuroregeneration.**

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