



ARACHNOIDITIS (ARC) TREATMENT ALERT #5

December, 2018

RECOMMENDED HORMONE BLOOD PANEL OF 6

A MOST COMMON QUESTION

What hormones should I tell my doctor to order? Here is the recommended panel:

Cortisol	Estradiol	Pregnenolone
Progesterone	Testosterone	Dehydroepiandrosterone (DHEA)

WHY TAKE A HORMONE PANEL?

All 6 of the hormones in the Panel either suppress neuroinflammation and/or stimulate neuroregeneration. All but cortisol are now known as neurosteroids, because they are made in the central nervous system, (brain, and spinal cord) to suppress neuroinflammation, reduce pain, and regrow damaged nerve tissue (neuroregeneration).

WHAT IF A HORMONE LEVEL IS LOW?

Replenish any hormone that is low. Retest your blood in 6 to 12 weeks to make sure your level has returned to normal.

WHO SHOULD HAVE A HORMONE BLOOD PANEL?

All persons with AA should have their hormones tested 2 to 4 times a year.

SPECIAL POINT

Our research clearly demonstrates that AA patients who achieve considerable relief and recovery have taken one or more of the hormones known to suppress neuroinflammation and stimulate neuroregeneration.

*Published as a public service by the
Arachnoiditis Research and Education Project of the Tennant Foundation
336½ S. Glendora Ave., West Covina, CA 91790-3043
Phone: 626-919-7476 Fax: 626-919-7497*

E-mail: veractinc@msn.com

www.arachnoiditishope.com www.foresttennant.com www.hormonesandpaincare.com