



ARACHNOIDITIS (ARC) TREATMENT ALERT #6

December, 2018

NO DOCTOR? START TREATMENT ANYWAY!!

Adhesive arachnoiditis (AA) is a progressive, neuroinflammatory disease. Everyday you delay puts you at greater risk for increased pain, suffering, paraparesis, bladder dysfunction, and a bed-bound state. Too many persons with AA are waiting for a knowledgeable doctor to treat them. No need to wait. Our research tells us that persons with AA can truly help themselves get started with non-prescription treatment.

ANTI-NEUROINFLAMMATION	ANABOLIC/NEUROREGENERATION	PAIN RELIEVERS
Curcumin/Turmeric Bovine Adrenal Extract Serrapeptase	Pregnenolone (100 mg or more a day) Dehydroepiandrosterone (DHEA) (200 mg or more each day) Colostrum Bovine Gonadal Extract (Orchex® of other)	CBD Oil Valerian Root Kratom GABA Taurine Icy-Hot Patches Palmitoylethanolamide (PEA)

Obtain and take at least one or more of the non-prescription agents listed in each group. These are available in health food stores or on the internet. Use the dosage on the label.

The most common complaint we hear is that an AA patient can't find a doctor who knows anything about AA. This is understandable. Only a couple of years ago the entire medical world thought arachnoiditis was a "spider bite". We've made good progress with more to come, but you can start your own treatment while waiting to find a knowledgeable MD or NP.

Obtain our 2019 handbook by sending for our list of available education materials. Start magnets, copper, spinal fluid exercises and other self-help measures described in the handbook.

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