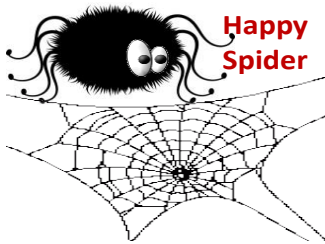


ADHESIVE ARACHNOIDITIS Bulletin 7 February 2020

MYTHS ABOUT ADHESIVE ARACHNOIDITIS (AA)

MYTH NO. 1: It's a rare disease.



Fact 1: At one time it was true. Today as many as 2 to 7 million American adults have it.

MYTH NO. 2: There is no treatment ("Live with it!")



Fact: There may not be a specific drug labeled for it, but AA is an inflammatory disease of the spinal canal, and it can almost always be controlled with physiologic measures, and anti-neuroinflammatory and nerve tissue regenerative drugs.

MYTH NO. 3: Simple psychological counseling (cognitive-behavioral therapy) or a single medical treatment (epidural) will cure the pain of AA.

Fact: The pain of AA requires a program of physiologic measures, anti-inflammation and nerve regrowth medications, and pain-relieving drugs.

