



ADHESIVE ARACHNOIDITIS (AA)

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GREAT PROGRESS WITH ADHESIVE ARACHNOIDITIS (AA)

About 5 years ago most medical practitioners had either never heard of AA or thought it was a spider bite. Today, almost all practitioners in the modern world have heard of AA. Many now understand it and some even treat it. A few are even trying some innovative approaches.

MAJOR DEVELOPMENT: Treatment and prevention over the past 5 years have greatly reduced the occurrence of some, serious neurologic impairments, and the development of autoimmune complications. The most obvious decrease in new cases reviewed by the Tennant Foundation are that upper and lower extremity paraparesis (partial paralysis) and total paralysis are rapidly disappearing. Urinary and bladder impairments that require catheterization are hardly seen. The autoimmune manifestations of arthritis, thyroid deficiency, and carpal tunnel are disappearing.

WHY IMPROVEMENT? Awareness, thanks to patients, social media, and advocates who have educated the medical profession. Fewer epidurals, early treatment, and emergency measures have all helped. The development of protocols for prevention, emergency intervention, and on-going treatment have been essential.

MAJOR REMAINING PROBLEMS: Persons with AA are still having difficulty, in some communities, finding medical practitioners who are comfortable and willing to treat AA. The major complication is the development of constant pain and the intractable pain syndrome.

EARLY TREATMENT NEEDED: The key to preventing AA and to prevent the progression of AA is early treatment. Our research has clearly shown that AA is almost always preceded by one of 3 intraspinal canal inflammatory conditions:

1. Protruding, degenerated intravertebral discs.
2. Cauda equina inflammation.
3. Arachnoid inflammation (i.e. plain arachnoiditis) due to collagen disorders or needle injury.

Some intraspinal canal inflammatory disorders always precede AA. These disorders should be aggressively treated to prevent AA.



Keep
educating!

We can do
even better!



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