

ADHESIVE ARACHNOIDITIS Bulletin 3 January 2020

DRUGS THAT REDUCE THE NEUROINFLAMMATION OF AA



Dr. Beak

Common sense is that Step No. 1 in controlling pain and preventing neurologic impairment is to start anti-inflammation treatment.

Research has identified these drugs that may suppress neuroinflammation inside the spinal canal: ketorolac, methylprednisolone, dexamethasone, indomethacin, metformin, serrapeptase, low dose naltrexone, acetazolamide, diclofenac, curcumin, pentoxifylline, adrenal cortex.



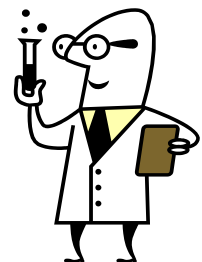
nurse
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Dr. Techy

Only a few drugs cross the blood brain barrier, enter the spinal fluid, and suppress neuroinflammation. You may need 2 or 3 different drugs to do the job.

To control neuroinflammation you will have to take a corticosteroid – either methylprednisolone or dexamethasone – at least 1 time a week. When taken at a low dose only 1 to 2 times a week, they are quite safe.



Dr. Hormone