



Arachnoiditis Research & Education Project

SCREENING TEST FOR EHLERS-DANLOS SYNDROME

Patient's Name _____
Last
First

Today's Date _____

	QUESTION	Yes	No
1	Do you have pain in multiple locations?		
2	Do you have extreme fatigue?		
3	Are you clumsy sometimes and fall or walk into objects?		
4	Are some of the joints in your hands, feet, elbow, hips or knees "loose" or quite flexible?		
5	Have you had a lot of sprains or joint dislocations?		
6	Is your skin thin in places?		
7	Are you double-jointed or able to bend your fingers, arms, or ankle backward?		
8	Are your hands and feet cold much of the time?		
9	Do you bruise easily or have bruises that suddenly occur?		
10	Is your skin "stretchy" in some places?		
11	Are you constipated a lot?		
12	Do you suffer from "heart burn" or frequent episodes of food regurgitation?		

If you answer yes to 6 or more of the 12 you likely have "Ehlers-Danlos Syndrome" and are at high risk to develop the complications of adhesive arachnoiditis and the intractable pain syndrome. You need to be evaluated for EDS and these complications by your physicians.

Source: Caude H, Lucette D. Ehlers-Danlos, an unknown and disturbing syndrome. Free comments. Theranostics Brain, Spine, & Neuro Disord 2017;2(4):555591. Doi:10.19080/JOJS.2019.02.555591.