

DIAGNOSIS AND CAUSATION: THE MISSING LINKS

Every day we hear from someone who has IPS but doesn't have a diagnosis. When asked where the pain is on their body, they may say "all over". Even more bizarre is that they may have had surgery or epidural injections, but they claim they were never given a diagnosis. What exactly was the treatment for?

It's time- and a necessity for proper care and relief- that every person with IPS have a specific medical diagnosis and a full understanding of the cause that led to the diagnosis.

These are **NOT** diagnoses –they are only a description or symptom: failed back syndrome, neuropathy, fibromyalgia, headache, back pain.

What kind of neuropathy, and what is the cause: Diabetes? Viral? Chemical Exposure?

What is causing back pain: Intraspinal Inflammatory Condition? Arthritis? Scoliosis?

What is causing fibromyalgia: Autoimmune disease? Cervical spine disorder?

What is causing headaches: Migraines? Tension? Spine disorders? Brain Injury?

MAJOR CAUSES OF IPS

Reflex sympathetic Dystrophy

Adhesive Arachnoiditis

Brain Injury (stroke, trauma)

Severe Osteoarthritis

Genetic Connective Tissue/Collagen Disorders (Ehlers Danlos Syndrome (EDS), Marfan, Dwarfism, other)

LESS COMMON CAUSES

Sickle Cell Disease

Porphyria

Lyme Disease

Scoliosis

Rheumatoid (Ankylosing) Spondylitis

Sarcoidosis

Diabetic Neuropathy

Cauda Equina Inflammatory Disorder

Chronic Pancreatitis

Today, there are therapeutic, pharmacologic, dietary, or physical measures, that specifically target the cause of IPS. Step One in finding relief and recovery is to target the cause of the pain and not just take the "shot-gun" approach with only symptomatic pain relievers. Find and treat the cause with a multi-faceted approach. You are worth it!

To find relief and recovery you must have a specific diagnosis.



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