

DO YOU HAVE A HEREDITARY COLLAGEN DISORDER
OF THE EHLERS-DANLOS SYNDROME (EDS)TYPE?

		YES	NO
1	Is your pain constant, meaning always present (24/7)?		
2	Was your pain previously on-and-off, irregular, or skipped days before becoming constant?		
3	Does your pain keep you from falling asleep?		
4	Does your pain wake you up, (i.e. keep you from staying asleep)?		
5	Have you lost most of your appetite?		
6	Do you crave sugar and starches?		
7	Do you get episodes of heat, sweating, and elevated temperature?		
8	Are your hands and feet cold much of the time or is it very low?		
9	Does the skin of your hands/arms and /or feet/legs change color, becoming blotchy, blue, purple, pale, or red?		
10	Is your blood pressure elevated much of the time?		
11	Does your pulse rate elevate much of the time?		
12	Do you often have difficulty paying attention to conversations or focusing your eyes on what you are reading?		
13	Are you often too fatigued to leave home?		
14	Do you have periodic anxiety attacks with sweating, headache, and racing heart rate?		
15	Have you lost teeth, or do you have dental problems?		
16	Do you sometimes hurt "all over"?		
17	Is it sometimes painful to comb your hair, brush your teeth, or cut your nails?		
18	Does it sometimes hurt to be touched?		
19	Have you lost weight in the last 6 months?		

If you have constant pain and answered "yes" to over half of the questions, you need to inform your physicians and family of this and be evaluated for the presence of 'Intractable Pain Syndrome'.

This form is provided by the IPS Research & Education Project of the Tennant Foundation.

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