

DO YOU HAVE NEUROINFLAMMATION?

Every person who has constant pain and IPS needs to understand that neuroinflammation in the brain and spinal cord (CNS) is the “engine” or “battery” that is driving the syndrome. To obtain relief and recovery the person who has IPS must treat their basic disease that has caused pain, as well as suppress and control their neuroinflammation. A failure to do so will likely permit IPS to progress.

	QUESTION	Yes	No
1	Do you have periods of intense over-heating?		
2	Do you have periods of extreme sweating without exertion?		
3	Do you feel like your body has too much electricity?		
4	Do you have periods of burning in your feet, hands, pelvis, or buttocks?		
5	Do you have periods or episodes of strong feelings on your skin like bugs crawling or pins stabbing?		
6	Are you sensitive to or become nauseated and dizzy in heat, such as on a hot summer day?		
7	Do the areas over pain sites sometimes become red and hot?		
8	Does your temperature rise at times?		
9	Are your pain flares accompanied by sweating and heat?		
10	Do you have periods of stabbing, shooting or jerking pains or spasms?		
11	Do you have recurrent pain flares you can't control?		
12	Have you been told you have a high white blood cell count?		
13	Do your hands and feet become ice cold at times?		

INTERPRETATION: If you answered yes to over half of the above questions, you most likely have neuroinflammation that is driving your IPS. You should share this information with your family and physicians.

Please complete this questionnaire and return it to the Tennant Foundation for research purposes. You can e-mail it back, fax or send it in via mail to the address below:
 IPS Email: support@intractablepainsyndrome.com Fax: 626-919-7497

*Published as a public service by the
 Intractable Pain Syndrome Research & Education Project of the Tennant Foundation
 336-338 S. Glendora Ave., West Covina, CA 91790-3043 phone: 626-919-7476 Fax: 626-919-7497
 E-mail: tennantfoundation92@gmail.com www.arachnoiditishope.com www.intractablepainsyndrome.com*

This information is not intended to diagnose, treat, cure, or prevent any disease, as this information is for educational purposes only, and is not a substitute for medical advice, diagnosis, or treatment. Please refer to your local qualified health practitioner for all medical concerns.