

**CONSTANT PAIN IS AN INFLAMMATORY DISORDER OF THE CENTRAL NERVOUS SYSTEM (CNS)**

Until recent times chronic pain was simply viewed as a single medical entity with no distinction drawn between periodic “on and off” pain, and constant (24/7) pain. Consequently, pain management treatment has been, until now, primarily a “one size fits all” enterprise. Think about it. Over the past 20 years everybody with pain gets about the same symptomatic drugs- opioids, gabapentin, Cymbalta®, Lyrica®, and/or procedures- an epidural steroidal injection or nerve block. As the old song goes, “times...they are a changin.”

**WHAT CONSTANT PAIN MEANS**

You have inflammation inside the CNS and nerve tissue damage as a result. If inflammation isn't controlled more damage will occur.

**WHAT CAUSES CONSTANT PAIN?**

Inflammation in the CNS is started by too many electric currents generated by the initiating disease or injury. Two disorders must be present to develop constant pain:

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| 1. A disease or injury.<br>e.g.-Arachnoiditis, EDS, Sickle Cell, Pancreatitis | 2. Inflammation and tissue damage in the CNS.<br>e.g.-inflamed tissues, damage of receptor sites, neurons, neurotransmitter systems |
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**COMPLICATIONS OF CONSTANT PAIN AND CNS INFLAMMATION**

- A. Exhaustion of some hormones and neurotransmitters.
- B. Cardiovascular hyperactivity
- C. Autoimmune disorder



**TREATMENT AND CONTROL OF CONSTANT PAIN**

All persons with constant pain must be on one or more medicinal agents that reduce inflammation in the CNS.



**Are You on Agents  
that Reduce  
Inflammation?**

**You Need More  
Than Pain Relievers**



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