

## DIFFERENCES BETWEEN SIMPLE CHRONIC PAIN AND THE INTRACTABLE PAIN SYNDROME

The major goal of the IPS research and Education Project is to bring awareness that simple chronic pain and IPS are quite different entities. A second goal is to bring recognition, prevention, and treatment of IPS into mainstream medical practice at the community level. IPS must be known, recognized, and treated in the ambulatory medical system like any other long-term care problem such as rheumatoid arthritis, emphysema, diabetes, asthma, or schizophrenia. It must also be done along with physical, psychological, and pharmaceutical measures that are acceptable to all concerned parties and that don't require high, risky dosages of abusable drugs.

### CHARACTERISTICS OF SIMPLE CHRONIC PAIN AND INTRACTABLE PAIN SYNDROME

	<u>IPS</u>	<u>CP</u>
Pain is Constant (24/7)	Yes	No
Treatment is Daily (Around the Clock)	Yes	No
Elevated Blood Pressure and Pulse Rate	Yes	Seldom
Elevated Temperature and Breathing Rate	Yes	No
Anorexia/Malnutrition	Yes	No
Insomnia	Yes	No
Depression, Hopelessness	Yes	No
Endocrine Abnormalities (Hormones & Glucose)	Yes	No
Elevated Inflammatory Markers	Often	Seldom
Restriction of certain life activities (e.g. mobility)	Yes	Sometimes
Decreased capability for Requirements of Daily Living	Yes	No



IPS requires a different approach than simple chronic pain.

IPS needs care in your own town, with your local doctor.



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