



USE A THREE (3) COMPONENT MEDICAL PROTOCOL TO TACKLE IPS

The major research discovery of recent years is that relief and recovery from IPS is achieved with a three-component medical protocol. Many persons with IPS are trying to control it with only symptomatic pain control drugs. Such an approach will only provide temporary or short-term benefit because long-term relief and recovery requires reduction of inflammation and some repair of damaged tissue. With IPS a 3 by 3 approach is best: the 3 components and 3 types of pain control.

Here are the three medical components and the most popular agents reported to date:

1. INFLAMMATION REDUCTION	2. TISSUE REPAIR	3. PAIN CONTROL*
Corticosteroid** Ketorolac Diclofenac Non-Prescription Turmeric/Curcumin Palmitoylethanolamide (PEA) Adrenal Cortex Serrapeptase Andrographis Ashwagandha Traumeel® Boswellia	Human Chorionic Gonadotropin (HCG) Progesterone/Medroxyprogesterone Estradiol Testosterone Nandrolone/Oxandrolone Non-Prescription Colostrum Deer Antler Velvet Pregnenolone DHEA	Low Dose Naltrexone (LDN) Opioids Oxytocin Ketamine Non-Prescription Kratom CBD/Marijuana Three types of pain control are best for IPS- Pain blocker, neuropathic agent, and dopamine substitute.

*Pain Control usually requires a neuropathic agent: (e.g. gabapentin, tizanidine, pregabalin-others), and a dopamine substitute (e.g., phentermine, Adderall®, methylphenidate- others).

** Corticosteroids are dexamethasone, hydrocortisone, methylprednisolone, prednisone.



You must have a 3-component protocol

Do you have a med from each component?



Published as a public service by the
 Intractable Pain Syndrome Research & Education Project of the Tennant Foundation
 4931 W. Central, Wichita, KS, 67212 Phone: 626-919-7476 Fax: 316-260-4077
 E-mail: tennantfoundation92@gmail.com www.arachnoiditishope.com www.intractablepainsyndrome.com

This information is not intended to diagnose, treat, cure, or prevent any disease, as this information is for educational purposes only, and is not a substitute for medical advice, diagnosis, or treatment. Please refer to your local qualified health practitioner for all medical concerns.