

INTRACTABLE PAIN SYNDROME (IPS) 2021

Part two of four

PART TWO: RECOGNITION OF IPS

The number one challenge of managing and controlling chronic pain is to determine if a person has transformed from simple, chronic pain to the intractable pain syndrome (IPS). As this chronicle is being drafted there is BIG DENIAL and IGNORANCE about the transformation. Although the scientific documentation is quite sound, there is great resistance to the discovery that chronic pain can cause a profound biologic change in multiple bodily systems. These changes can be called “alterations” or “complications,” but the fact is that a chronic pain condition can morph into IPS which is constant, unremitting pain with cardiovascular, endocrine, and autoimmune manifestations. Every person with IPS needs to educate all concerned parties about this revelation.

RECOGNIZING THE DIFFERENCE BETWEEN SIMPLE CHRONIC PAIN AND IPS

This table shows the usual differences

<u>SIMPLE CHRONIC PAIN & IPS TABLE</u>		
Characteristics of Chronic Pain and Intractable Pain Syndrome	Intractable Pain Syndrome	Chronic Pain
Pain is Constant (24/7)	Yes	No
Treatment is Daily (Around the Clock)	Yes	No
Elevated Blood Pressure and Pulse Rate	Yes	Seldom
Elevated Temperature and Breathing Rate	Yes	No
Anorexia/Malnutrition	Yes	No
Insomnia	Yes	No
Depression, Hopelessness	Yes	No
Endocrine Abnormalities	Yes	No
Elevated Inflammatory Markers	Often	Seldom
Restriction of Certain Life activities (e.g., mobility)	Yes	Sometimes
Decreased Capability for Requirements of Daily Living	Yes	No

*Published as a public service by the
Intractable Pain Syndrome Research & Education Project of the
Tennant Foundation*

4931 W. Central, Wichita, KS, 67212 Phone: 626-919-7476 Fax: 316-260-4077
E-mail: tennantfoundation92@gmail.com www.arachnoiditishope.com www.intractablepainsyndrome.com

This information is not intended to diagnose, treat, cure, or prevent any disease, as this information is for educational purposes only, and is not a substitute for medical advice, diagnosis, or treatment. Please refer to your local qualified health practitioner for all medical concerns.