

MAXIMAL DAILY OPIOID DOSAGES
FOR 90 MG MORPHINE EQUIVALENCE

The table below needs to be known to all chronic pain patients who require opioid medications. Almost all Physicians (MD & DO), Nurse Practitioners (NP), and Physician Assistants (PA) are now restricted to these approximate, maximal daily opioid dosages. The maximal daily dosages listed here are now limited by most State Medical Boards and Malpractice Insurance Carriers. Health Insurance Plans may not pay, and pharmacies may not fill, daily dosages above these levels.

Special note: If you are a legitimate, documented intractable pain syndrome patient and require daily dosages above these levels, take this document to your local medical practitioner and discuss your requirements with him/her. Exceptions may be possible depending on your underlying condition and individual health situation.

Key Point: You may have to build a pain control program with the dosages listed here. Unfortunately, very few medical practitioners will now prescribe opioids above the daily dosages presented here due to fears of government investigation and malpractice lawsuits.

MAXIMAL DAILY OPIOID DOSAGES FOR 90 MG MORPHINE EQUIVALENCE*

<u>Approximate Doses a Day</u>	<u>OPIOID (Oral or Patch)</u>
8-9	Morphine – 10 mg
3-4	Methadone – 10 mg
8-9	Hydrocodone/APAP – 10/325 mg (Vicodin®, Norco®)
3	Morphine – 30 mg
6	Oxycodone/APAP – 10/325 mg (Percocet®)
5	Hydromorphone – 4 mg (Dilaudid®)
2-3	Hydromorphone – 8 mg (Dilaudid®)
6	Oxycodone Plain – 10 mg
2-3	Oxycodone Plain – 20 mg
2	Oxycodone Plain – 30 mg
16-20	Codeine 30 mg
8-10	Codeine 60 mg
16-18	Tramadol 50 mg
8-9	Tramadol 100 mg
1	Fentanyl Patch – 25 mcg per hour
1	Fentanyl Patch – 50 mcg per hour is 120 mg of morphine equivalence
	<u>OPIOID INJECTIONS</u>
2-4	Hydromorphone 50 mg/ml, .05 to .1 ml (2.5 to 5 mg)
3-4	Fentanyl 1000 mcg/ml, 0.1 ml (100 mcg) sub cu per injection
8-9	Morphine 10 mg per injection
3-4	Meperidine (Demerol®) 50-100 mg per injection
	<ul style="list-style-type: none"> • This table is based on recommendations of the Federal Centers for Medicare and Medicaid, and the CDC. • If a patient wishes, they can take 2 opioids, each at half the maximal number a day which is listed above. * The number of daily doses may vary slightly depending upon the conversion table that is used.

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