



ADHESIVE ARACHNOIDITIS (AA)

Bulletin 9

Revised-March 2022

CONSEQUENCES AND COMPLICATIONS OF AA

AA has some serious consequences and complications which may cause immense suffering, impairments, and shortened lifespan.

<u>COMPLICATION</u>	<u>CONSEQUENCES</u>
SPINAL FLUID FLOW OBSTRUCTION	<ul style="list-style-type: none"> ➤ Headache ➤ Blurred vision ➤ Tinnitus (Ringing in ears) ➤ Mental impairments (memory, attention, reading, and mathematics deficit)
SPINAL FLUID FLOW LEAKAGE	<ul style="list-style-type: none"> ➤ Contraction of paraspinal muscles ➤ Tissue over lumbar spine indents or “caves in” ➤ Arms can’t extend
SITTING/STANDING ABILITY IMPAIRED	<ul style="list-style-type: none"> ➤ Can’t sit or stand in one position very long
INTRACTABLE PAIN SYNDROME	<ul style="list-style-type: none"> ➤ Constant (“24/7”) pain ➤ Cardiovascular, metabolic, and endocrine dysfunctions
NEUROPATHIC SYMPTOMS	<ul style="list-style-type: none"> ➤ Burning feet ➤ Shooting pains into buttocks or legs ➤ Radiating type pain
SEVERE COMPLICATIONS	<ul style="list-style-type: none"> ➤ Lowered immunity ➤ Adrenal failure ➤ Sepsis (infection) ➤ Premature death
LOSS OF BLADDER, BOWEL, AND SEXUAL FUNCTION	<ul style="list-style-type: none"> ➤ Urgency, incontinence, hesitancy, or paralysis ➤ Bloating, abdominal pain, alternating constipation and diarrhea ➤ Sex organs disabled, loss of libido
LEG AND FOOT PARALYSIS	<ul style="list-style-type: none"> ➤ Weakness ➤ Inability to stand or walk ➤ Foot drop
BIZARRE NEUROLOGIC SYMPTOMS	<ul style="list-style-type: none"> ➤ Sensation of water or insects on legs ➤ Burning of feet or buttocks ➤ Leg jerking, spasms, “restless legs”