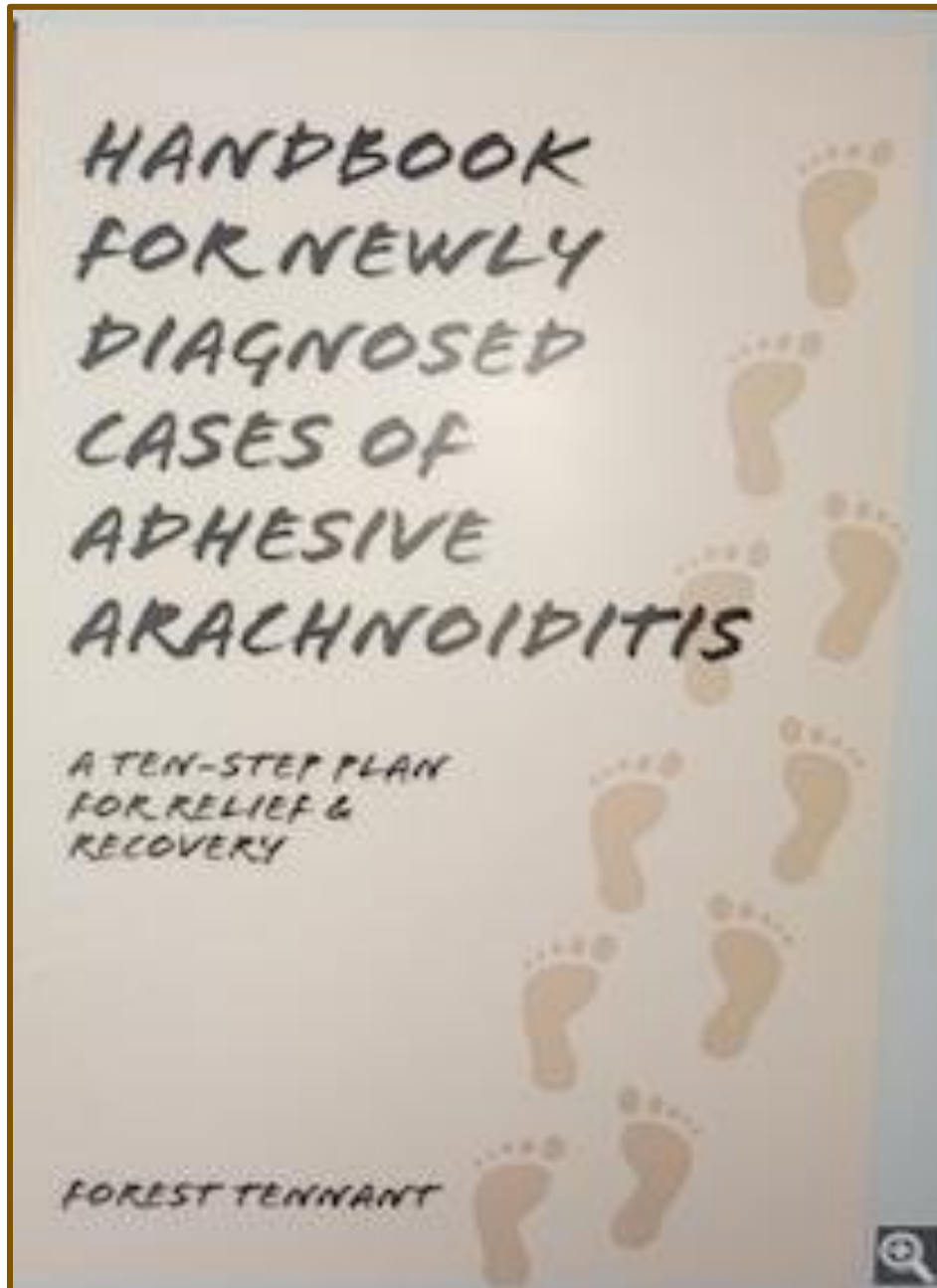


# ANNOUNCEMENT

“Handbook for Newly Diagnosed Cases of Adhesive Arachnoiditis: A Ten Step Plan for Relief and Recovery”

BY FOREST TENNANT (DrPH, MPH, MD)



## NOTE FROM THE AUTHOR

This short handbook gives a step-by-step plan for what you do after you find out you have AA.

If you already have AA and aren't doing well, this handbook provides my most up-to-date knowledge and recommendations.

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