



PEPTIDE UPDATE

There are five peptides that are being used by persons with AA. A peptide is a chain of two or more amino acids that enter one of the body's metabolic processors for healing or pain relief. Persons with AA should review the five listed here and give consideration as they may improve your pain program.

1. KPV (lysine, proline, valine)
Main Attribute: Reduces inflammation and pain. It can be started at any time.
2. Glutathione (3 amino acids)
Main Attribute: Reduces inflammation and biologic waste.
3. BPC-157 (body protection compound)
Main Attribute: Heals and restores inflamed or damaged tissues.
4. Thymosin (both a hormone and a peptide)
Main Attribute: Reduces inflammation and controls Epstein-Barr Virus.
5. ARA 290 (cibinetide)
Main Attribute: Restore damaged nerves to legs, bladder, bowel, feet, and relieves pain.
A 10-day trial of 16 mg a day is recommended.

Hormone Assistance: The peptides seem to be more clinically effective if the patient is also taking one of these restorative/healing hormones: HCG, DHEA, testosterone.

Trial Time: Peptides will show benefit within three weeks, if they are helpful.

Non-Prescription: A physician's prescription is not needed. To obtain a peptide, simply search the internet. A number of sources will show up.

Sources: At this time, we do not have a "favored" source. We have not received any negative reports on any suppliers. Suggestion: check with someone who has used the peptide for a reliable source.

Summary: All persons with AA should select one or more hormones for a trial. Although early in their usage, they appear to provide some relief and recovery in almost all cases.