ADHESIVE ARACHNOIDITIS (AA) IS A NERVE ENTRAPMENT DISEASE

AA is an autoimmune-inflammatory disease that creates inflammation and adhesion formation in the cauda equina nerve roots and the arachnoid-dural cover of the spinal canal. The end result of this disease process is one or more micro-masses that glue cauda equina nerve roots to the canal cover and entrap some nerve roots.

COMPLICATIONS OF THE ENTRAPMENT MASSES: The entrapment masses, often called clumps, impair normal electrical impulse transmission and block (like a boulder in a stream) spinal fluid flow. The mass may erode through the canal cover and cause spinal fluid leakage.

Symptoms caused by cauda equina nerve root entrapment include severe pain, loss of leg, ankle, and foot strength and balance, and impairment of bladder, bowel, and sex organ function. Spinal fluid flow blockage may cause headache, tinnitus, dizziness, and blurred vision.

TREATMENT: Treatment is directed at breaking up the masses and freeing up nerve roots. This is done by simultaneous measures that control inflammation and autoimmunity, reduce adhesions, and regenerate tissue.

Although to date, no random controlled studies have been done, we have monitored dozens of patients who have improved and observed what we believe are mass breakups on sequential MRIs. Consequently, we have modified our clinical protocol to incorporate our most up-to-date recommendations.

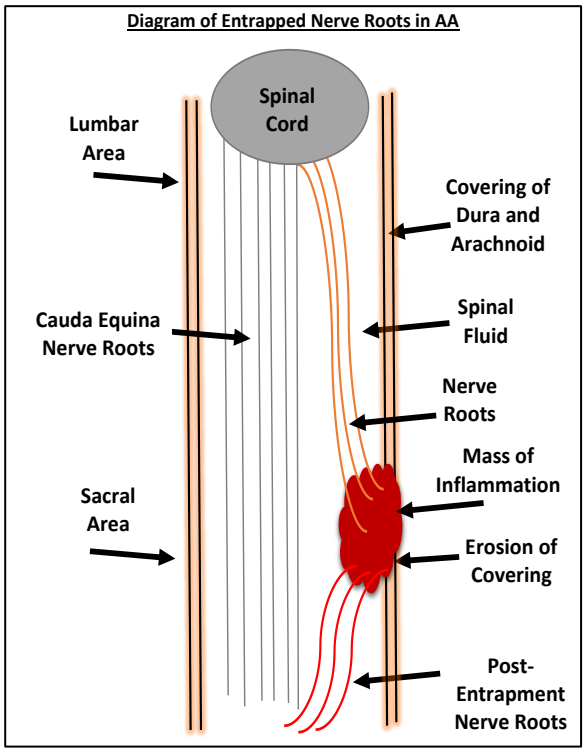
MEDICAL TREATMENT: We recommend the following as a trial in AA.

1. Pentoxifylline (Trental®), 400 mg, 2 to 3 times a day
2. Vitamin E, 400 to 800 mg a day

The recommended trial to determine effectiveness should be one month.

ANCILLARY MEASURES: We recommend these options to enhance the pentoxifylline/vitamin E treatment:

1. Regeneration hormone (HCG, colostrum, DHEA, nandrolone)
2. Regeneration peptide (BPC-157, KPV, thymosin beta, AR-290)
3. Microcurrent administration



This information is provided as a public service by "Arachnoiditis Hope" a project of the Tennant Foundation, 336 ½ S. Glendora Ave., West Covina, CA 91790.
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