DIAGNOSTIC SCREENING TEST FOR EHLERS-DANLOS SYNDROME

	SCREENING TEST	YES	NO
1	Do you have pain in multiple locations?		
2	Do you have extreme fatigue?		
3	Are you clumsy sometimes and fall or walk into objects?		
4	Are some of the joints in your hands, feet, elbow, hips, or knees "loose" or quite flexible?		
5	Have you had a lot of sprains or joint dislocations?		
6	Is your skin thin in places?		
7	Are you double-jointed or able to bend your fingers, arms, or ankle backward?		
8	Are your hands and feet cold much of the time?		
9	Do you bruise easily or have bruises that suddenly occur?		
10	Is your skin "stretchy" in some places?		
11	Are you constipated a lot?		
12	Do you suffer from "heart burn" or frequent episodes of food regurgitation?		

If you answer yes to 6 or more of the 12 you likely have a (genetic, heritable) connective tissue/collagen deficiency disorder called Ehlers-Danlos Syndrome (EDS).

If you have EDS, you are at high risk for infections and the development of severe chronic pain conditions including adhesive arachnoiditis.

Reference: Claude H, Lucette D. Ehlers-Danlos, an unknown and disturbing syndrome. Theranostics Brain, Spine, & Neuro Disord 2017;2:555590.

This information is provided as a public service by "Arachnoiditis Hope" a project of the Tennant Foundation, 336 ½ S. Glendora Ave., West Covina, CA 91790.
Email: tennantfoundation92@gmail.com Fax: 626-919-7497 Website: www.arachnoiditishope.com