DIAGNOSTIC SCREENING TEST
FOR HYPERMOBILE SPECTRUM DISORDER
AND COLLAGEN DEFICIENCY DISEASES

	Questions for Collagen Deficiency Determination	Y	N
1	Do you bruise easily?		
2	Do your legs, knees, or ankles feel weak at times?		
3	Do you lose your balance or fall frequently?		
4	Are your wounds slow to heal?		
5	Have you lost teeth or had a lot of dental work?		
6	Have you developed herniated or slipped discs without heavy lifting or trauma?		
7	Do you have flat feet or fallen arches?		
8	Do you have burning sensations of feet, mouth, or groin area?		
9	Do you easily sprain your back, arms, or legs with overexertion?		
10	Do you have stomach or bowel problems that require regular antacids, probiotics, or laxatives?		
11	Do you have any genetic deformities of feet, toes, mouth, or hands?		
12	As a child or teenager did you get injured too easily to play sports or do other physical activities?		
13	As a child or teenager did you have growing pains or knee pains?		
14	Have you ever dislocated a joint such as your elbow, shoulder, knee, or hip?		
15	Females: Did you have complications with pregnancy or delivery?		
16	Do you have relatives with life-long skeletal deformities or severe pain?		

If you answered “yes” to eight or more questions you likely have a genetic/heritable condition which consists of weakened tissue and susceptibility to infections and severe chronic pain conditions including adhesive arachnoiditis.

This information is provided as a public service by “Arachnoiditis Hope” a project of the
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