



**HORMONE ADMINISTRATION IN ADHESIVE ARACHNOIDITIS  
USED IN THREE WAYS FOR RELIEF AND RECOVERY**

**1. Supplemental – Maximize Your Healing System**

- a. DHEA
- b. Pregnenolone
- c. Corticosteroid
- d. Melatonin

**2. Replacement – Make Up For Overuse**

Serum/blood levels may show a deficiency likely because neuroinflammation and pain are over-stressing the body's ability to keep up production of hormones including: thyroid, DHEA, progesterone, pregnenolone, estradiol, testosterone, and cortisol.

**3. Neurogenesis – Go For Healing**

Used to hopefully rebuild or regrow nerve roots entrapped in scars and adhesions as well as the arachnoid layer of the spinal cord/brain covering. Neurogenic hormones include human chorionic gonadotropin, oxytocin, and human growth hormone.

**SUMMARY**

**Hormone use is critical in the treatment of AA.**

The Arachnoiditis Education Project is provided by the Tennant Foundation.

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